

## Toxic Foods Your Pet Must Avoid

### Acorns

**Alcohol** Alcohol isn't poisonous, but dogs will get drunk much more quickly than a human.

**Anti-freeze** Okay, if this one comes as a surprise, you probably shouldn't be allowed to own a pet at all. It may seem strange to include anti-freeze on this list, but dogs love the taste of it. Obviously, it has some serious negative effects, including kidney damage, so be sure to keep it out of paws' reach.

**Apple Seeds** (toxic arsenic)

**Apricot Pits** (toxic arsenic)

### Aspirin

**Avocado** Avocados are high in fat, and so, may cause an upset stomach, vomiting, or in extreme cases, pancreatitis. They also contain the dangerous element persin (see Fatty Foods).

**Bones** Most types of bones will splinter, and these splinters may become lodged in the dog's throat. The best bone for a dog is the beef shin bone. Avoid chicken and pork bones.

**Broccoli** Broccoli is one of the least dangerous things on this list; it only harms dogs when it makes up more than 10% of their diet. After that, the isothiocyanate in it causes a upset stomach.

### Cassava root

**Cherry Pits** (toxic arsenic)

**Chicken Bones** choking hazard

**Chocolate** bakers chocolate is the worst, needing only 0.1 ounce per pound of body weight to kill a dog. Cocoa and milk chocolate should also be avoided. White chocolate is the least toxic, requiring 200 ounces per pound of body weight to cause death. It's the theobromine in chocolate that kills, found in chocolate liquor, coffee and tea.

**Coffee** (ground, beans, chocolate-covered espresso beans)

**Corn cobs** choking hazard

**Dairy** (limit intake-dogs are lactose intolerant)

**Eggplant** leaves

**Eggs (Raw)** As you may already know, salmonella thrives in this kind of environment, and that can be harmful for your dog. The other danger of raw eggs is the avidin in it. This deprives your dog of a B vitamin: biotin. Biotin deprivation can lead to weakness and hair loss, or worse, retardation of growth and skeleton deformity.

**Fatty foods**

**Garlic** and garlic powder (See Onion warning)

**Grapes** (Just six grapes can put your dog in serious danger!)

**Hops** (used in home brewing)

**Java beans** (Uncooked)

**Jolt** (caffeine)

**Liver** Vitamin A toxicity leads to loss of appetite, weight loss, and deformed bones. To avoid this, no more than three servings of liver should be given to a dog, and never raw. If your pet is already taking vitamin A supplements, he or she shouldn't have any.)

**Macadamia nuts** Macadamia nuts Macadamia nuts' effects on dogs also have not been thoroughly researched, but it has been determined that dogs may react after only 6 nuts. Some reactions can be fever, vomiting, abdominal pain, swollen limbs, muscle weakness (especially concerning the hind legs) and paralysis in the hind legs.)

**Marijuana**

**Milk** (limit intake-dogs are lactose intolerant)

**Mistletoe**

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**Moldy or spoiled foods** Keep garbage cans tightly sealed. Food that's gone bad is also harmful for dogs. If they eat the wrong foods, they can get diarrhea, start vomiting, have seizures, and damage internal organs.

**Mushrooms** - Wild Some kinds of mushrooms can be poisonous. If you allow your dog to eat the wrong kinds he or she can experience abdominal pain, anemia, and liver and kidney damage, so keep an eye out while you're walking him or her.

**Nutmeg** Nutmeg acts as a hallucinogen in large amounts, and can have serious consequences, including tremors, seizures, and even death.

**Nuts** the high phosphorus content can leave your dog with bladder stones.

**Onions/Garlic:** One small onion can contain enough thiosulphate to prove fatal for your dog. Although small amounts can be used safely in dog food, too much onion or garlic (but especially onion) can cause loss of appetite, vomiting, confusion, diarrhea, anemia, and increased heart rate. Onions are even more dangerous to cats.

**Peach Pits** (toxic arsenic)

**Pear Seeds** (toxic arsenic)

**Plants** Lilies, daffodils, and foxglove may look good in your garden, but they sure don't go well with a dog's diet. Some more of the dangerous varieties of plants are oleander, rhododendron, azalea, yew, rhubarb leaves, and cycads, but it's best not to let your dog nibble any houseplant

**Potatoes** (Green) Cooked potatoes are actually healthy and nutritious for dogs, and even raw potatoes aren't usually dangerous, but if the potato is a green colour, it probably contains solanum alkaloids, which can be harmful. This is pretty rare, as these alkaloids are not easily absorbed, but it is still something to watch out for.

**Raisins** (Just six grapes can put your dog in serious danger!)

**Raw or undercooked meat**

**Rawhides, cow hooves, and pigs' ears** are hard to digest, and may cause vomiting or diarrhea if eaten too quickly. Cow hooves are hard enough that they can break a dog's tooth, and sharp splinters can become lodged in the intestinal tract.

**Rhubarb**

**Rich, fatty foods** can cause pancreatitis.

**Salt** Too much salt is bad for humans and dogs. In the latter, it may cause pancreatitis, stomach problems, and bloat (this can occur when dogs drink a lot of water too quickly after having salty foods, which traps gas in the intestines and may ultimately kill them).

**Sugarless Gums and Candies**

Watch out for the sugar substitute "xylitol". If a dog eats much of it, it can cause a dangerous drop in blood sugar as well as liver damage.

**Tea** (caffeine)

**Tobacco** (highly toxic)

**Tomato** Tomatoes contain atropine, which can negatively affect your dog. Ripe tomatoes are the least dangerous of these, followed by unripe. The most unsafe part of the plant are the leaves and stem.

**Yeast dough**